



# My Curriculum Map

2025/2026

	TERM 1		TERM 2		TERM 3	
Nursery	Introduction to PE : Unit 1	Fundamentals : Unit 1	Gymnastics : Unit 1	Dance : Unit 1	Ball Skills : Unit 1	Games : Unit 1
	Introduction to PE : Unit 2	Fundamentals : Unit 2	Gymnastics : Unit 2	Dance : Unit 2	Ball Skills : Unit 2	Games : Unit 2
Reception	Introduction to PE : Unit 1	Gymnastics : Unit 1	Fundamentals : Unit 1	Dance : Unit 1	Ball Skills : Unit 1	Games : Unit 1
	Introduction to PE : Unit 2	Gymnastics : Unit 2	Fundamentals : Unit 2	Dance : Unit 2	Ball Skills : Unit 2	Games : Unit 2
Year 1	Fundamentals	Gymnastics	Dance	Sending and Receiving	Athletics	Target Games
	Swimming: Beginners				Swimming: Beginners	Swimming: Beginners
Year 2	Team Building	Gymnastics	Dance	Ball Skills	Athletics	Striking and Fielding Games
	Swimming: Beginners				Swimming: Beginners	Swimming: Beginners
Year 3	OAA	Dance	Gymnastics	Ball Skills Y3/4	Athletics	Tennis
	Swimming				Swimming	Swimming
Year 4	OAA	Dance	Gymnastics	Basketball	Athletics	Rounders
	Yoga	Yoga			Swimming	Swimming
	Swimming					
Year 5	OAA	Dance	Gymnastics	Hockey	Athletics	Rugby
	Yoga	Yoga			Swimming	Swimming
	Swimming					
Year 6	OAA	Dance	Gymnastics	Badminton Y5/6	Fitness	Football
	Yoga	Yoga			Athletics	Swimming
	Swimming				Swimming	